



# The importance of taking into account *Cutibacterium acnes* ribotype diversity in acne-prone skin

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## Introduction:

Recent data has established the presence of different phylogenetic groups (phylogroup I to III) among the *Cutibacterium acnes* population. Based on 16S rRNA gene analysis, *C. acnes* strains were divided into ribotypes (RTs), which could be used to differentiate between phylogroups I, II, and III, associated with healthy skin or acne [1].

In acne-prone skin it is now well established that the relative abundance of the *C. acnes* **phylogroup I is increased while phylogroup II is decreased** [2]. This modification of phylogroup balance in *C. acnes* population could worsen cutaneous acneic lesions as a stronger interaction of phylogroup I than phylogroup II of *C. acnes* was demonstrated with human keratinocytes and sebocytes cultured *in vitro* [3].

Thus, we wanted to deeper investigate the difference between phylogroup I and II of *C. acnes* by evaluating the release of virulence factors such as lipase and hyaluronidase, the activation of macrophages as well as the sensitivity of *C. acnes* to antimicrobial peptides (AMP).

## Materials & Methods:

### Bacterial strains used for all experiments

*C. acnes* ATCC6919 (phylogroup IA-1) and ATCC11828 (phylogroup II)

### Release of virulence factors

*C. Acnes* were incubated within TSB-F broth at 37°C, for 3 days in anaerobic conditions. Then bacteria density was recorded by optical density (OD) at 600 nm, while enzymatic activities were evaluated in supernatant broth after its centrifugation for 10 minutes at 1500 g.

Lipase activity was evaluated by a fluorescent substrate while hyaluronidase activity was measured by determining the amount of degraded hyaluronic acid through a turbidimetric method.

Well established inhibitors were used in dose effect for these methods: respectively epigallocatechin gallate (EGCG) for lipase activity and glycyrrhizic acid for hyaluronidase activity.

Enzymatic activities are expressed referring to bacterial density.

### Activation of Macrophages

Human macrophages (U937 cell line) were primarily activated by incubation with phorbol-myristate-acetate (PMA) for 2 days at 37°C and then were activated by *C. acnes* strains. In this aim, macrophages were incubated with a determined amount of heat-killed bacteria for 2 days at 37°C.

Finally, cell viability of macrophages was measured by MTT test while the released cytokines were evaluated by ELISA method (IL6 and IL8) on cell culture supernatants. Cortisol, as well-established inhibitor, was used in dose effect.

### Sensitivity to AMP

*C. acnes* were incubated with a range of AMP concentrations diluted in TSB-F broth. The bacteria densities were recorded by measuring the optical density (OD) at 600 nm after an incubation at 37°C, for 3 days in anaerobic conditions.

### Effect of active ingredients

Three distinct plant extracts were evaluated on bacterial density, lipase activity or macrophage activation.

## Acknowledgments:

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## Results & Discussion:

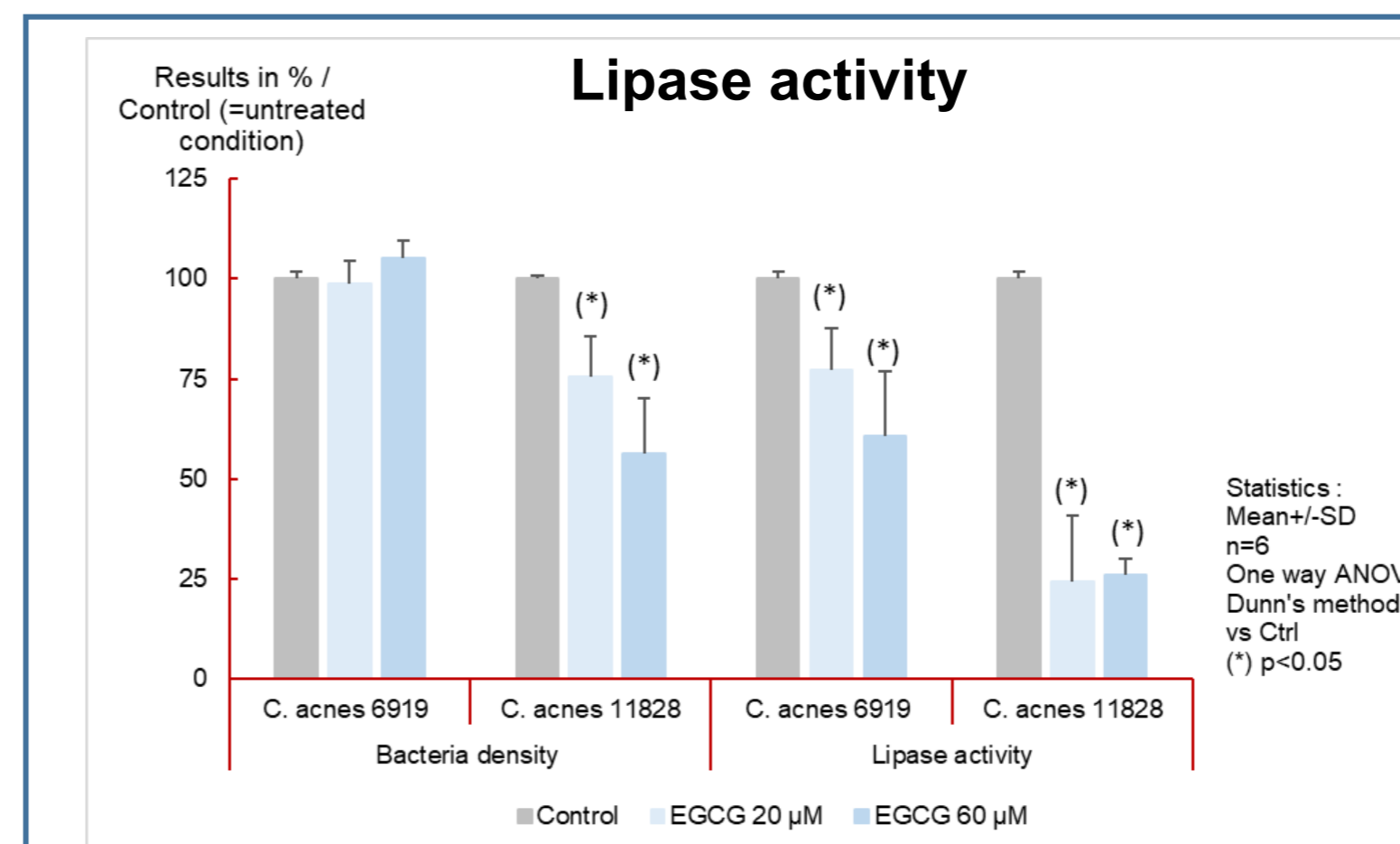


Figure 1: Evaluation of bacterial density and lipase activity in presence or not of an inhibitor of lipase activity (EGCG).

### With EGCG:

- Higher growth decrease and lipase inhibition for ATCC11828

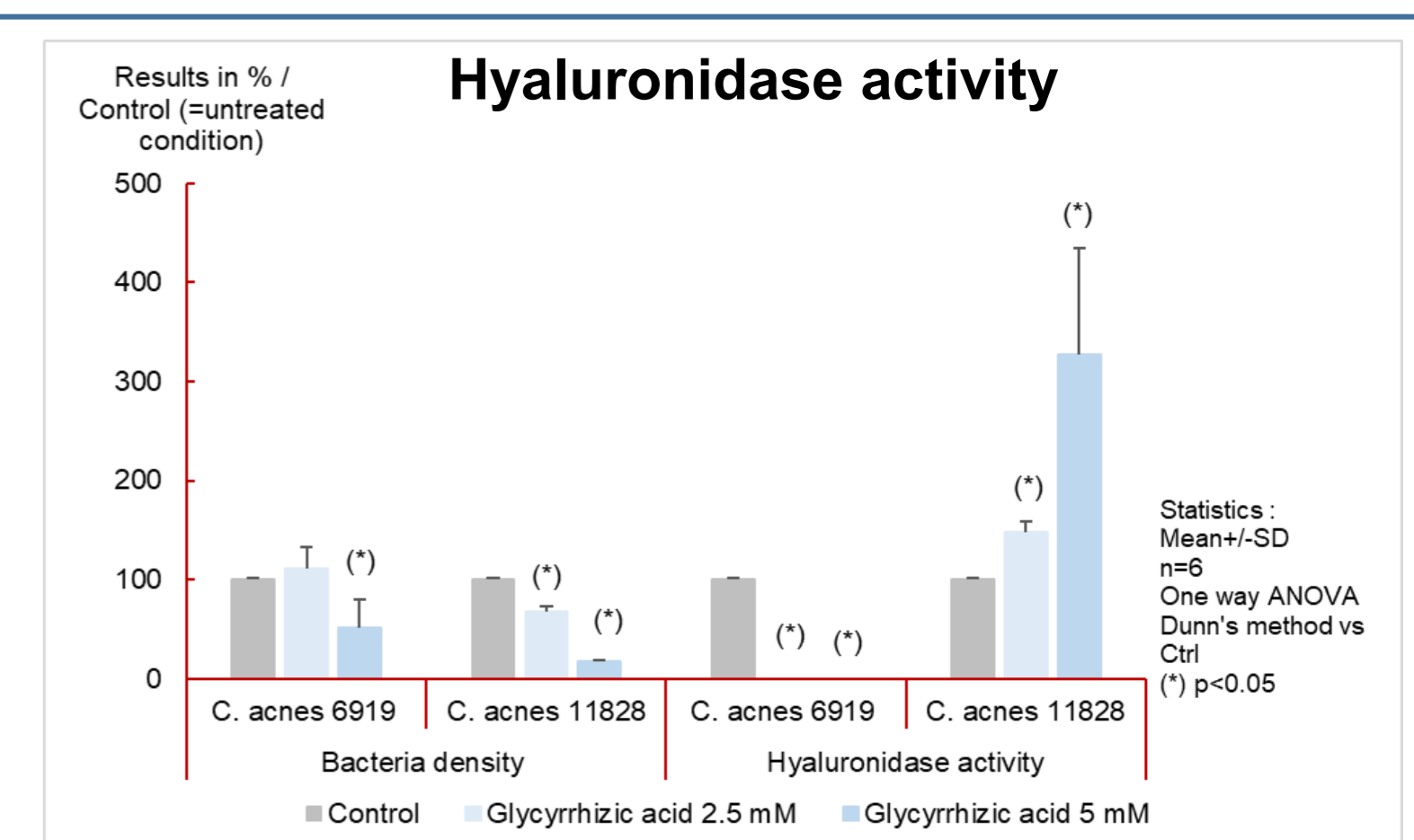


Figure 2: Bacterial density and hyaluronidase activity in presence or not of an inhibitor of hyaluronidase activity (glycyrrhizic acid).

### With Glycyrrhizic acid:

- Higher growth decrease of ATCC11828
- Hyaluronidase inhibition on ATCC6919
- Hyaluronidase stimulation on ATCC11828

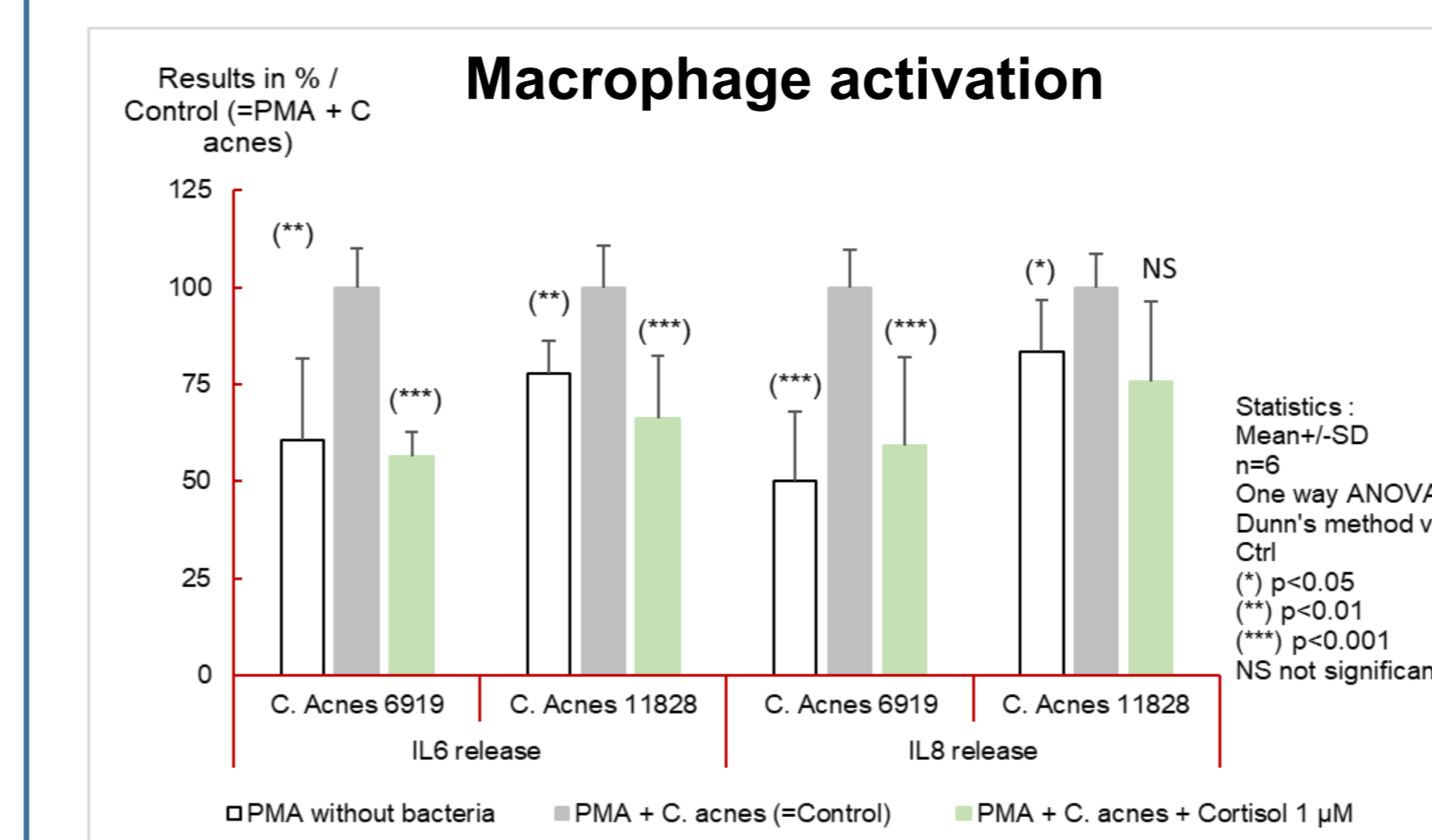


Figure 3: Evaluation of cytokine release in *C. acnes*-activated human macrophages in the presence or not of an inhibitor (Cortisol).

- IL6 & IL8 more increased by ATCC6919
- Higher inhibition of cortisol effect by ATCC6919

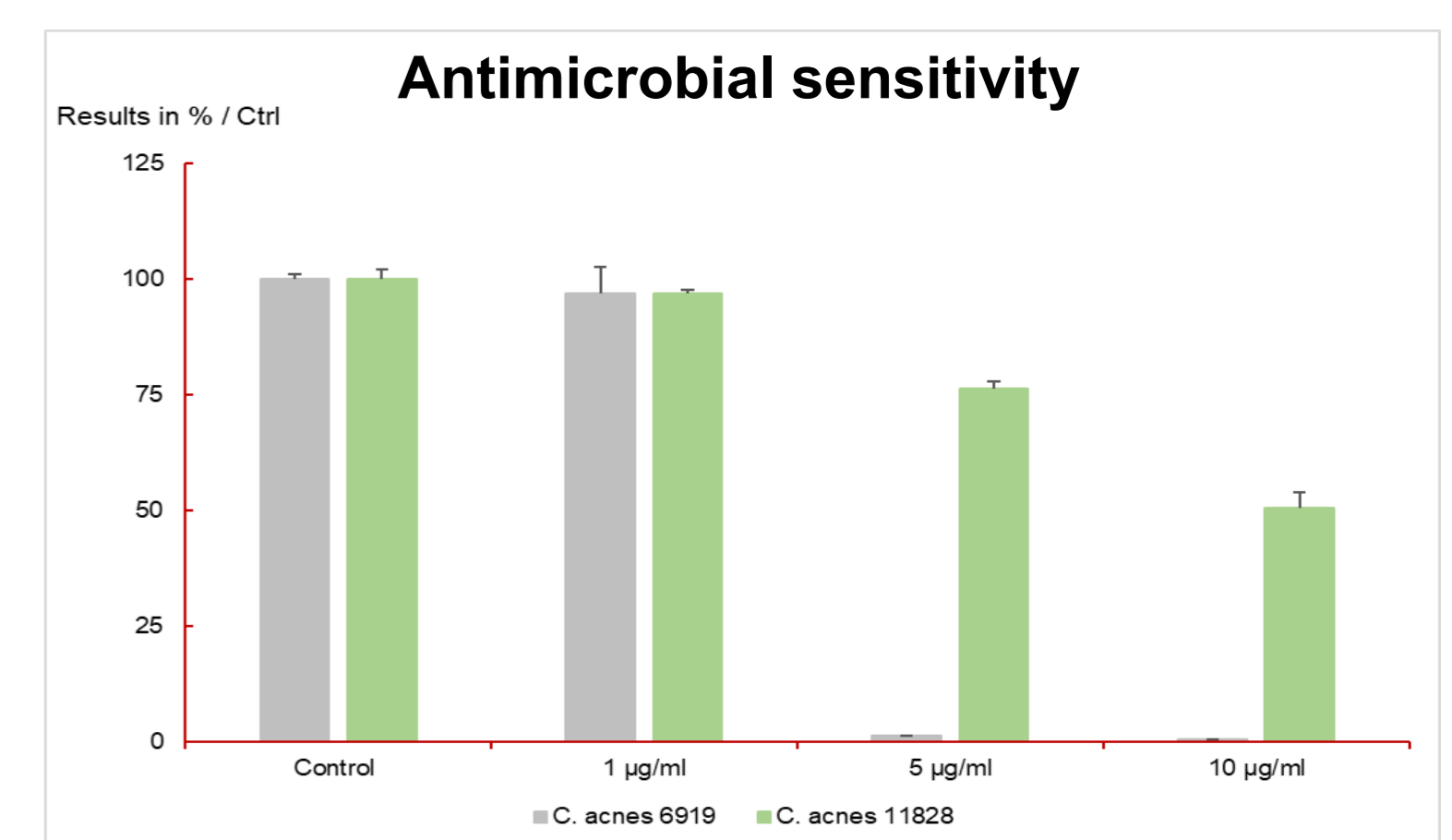


Figure 4: Effect of antimicrobial peptide (AMP) on *C. acnes* densities.

- Sensitivity to AMP of both strains
- Higher inhibition of ATCC6919

## Evaluation of active ingredients

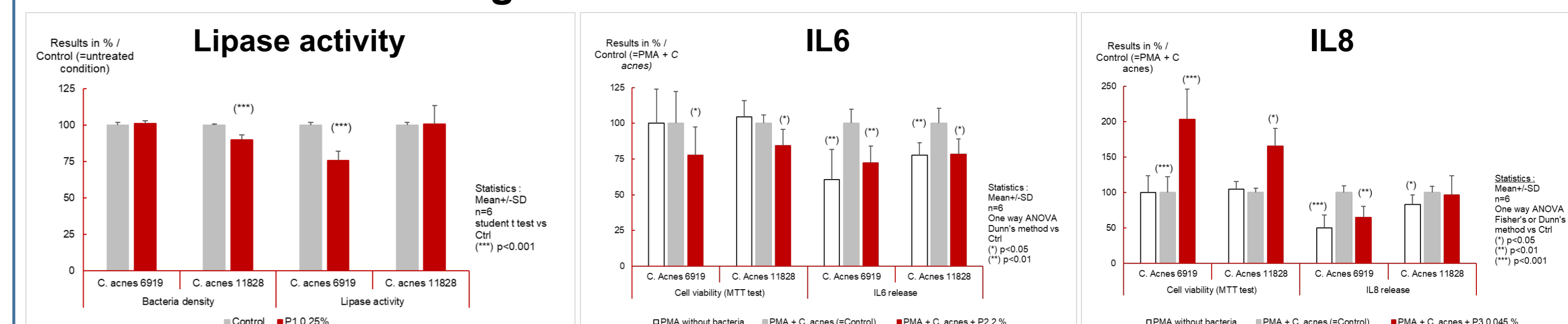


Figure 5: Effect of 3 plant extracts on bacterial growth, lipase activity and macrophage activation.

Summary	P1		Activated macrophages			
	Density	Lipase	P2		P3	
			Viability	IL6	Viability	IL8
ATCC11828	-10% (***)	+1%	-22% (**)	-22% (*)	+65% (**)	-3% (*)
ATCC6919	+1%	-24% (***)	-39% (**)	-28% (**)	+103% (**)	-35% (**)

Figure 6: Comparison of plant extracts efficacies on the two *C. acnes* strains.

Three active ingredients have demonstrated their capacity to act differently with the two *C. acnes* strains

## Conclusions:

We have established that the *C. acnes* effects are dependent on the strain. ATCC6919 *C. acnes* strain (phylogroup IA-1 more prevalent in acne-prone skin) has induced at a higher level the hyaluronidase release and the macrophages activation but was more sensitive to AMP.

Moreover, the impacts of well-established antimicrobial molecules such as EGCG and Glycyrrhizic acid or AMP were also largely different referring to *C. acnes* strain.

To conclude, thanks to these experiments, we evidenced that to improve the signs of acne-prone skin, it seems crucial to evaluate the active ingredients on various strains of *C. acnes* and to target relevant virulence factors in order to have a more precise scope of their efficacy.